

Traveling North on I-95, take exit 14. turn Left onto Fairfield Ave.

Turn Right at the 1st cross street onto Connecticut Ave/Rte. 1.

Turn Right onto Maple St. Take Left onto Berkeley Street. Parking available in Garage on Right.

Traveling North on Rt. 15, Take exit 39A to Merge onto US-7 South. Take exit 1 for US-1 South. Continue on US-1 S/ Van Buren Ave. Take Left onto Maple Street. Turn Left onto Berkeley Street. Parking available in Garage on Right.

Traveling South on I-95, to exit 15. Use the Right Lane to take exit 15 for US-7 toward Norwalk/Danbury. Keep right, follow signs for So. Norwalk. Turn Right onto West Ave. Left onto Maple Street, Turn Right to Berkeley Street. Parking available in Garage on Right.

Traveling South on Rt. 15, to exit 40A toward US-7 South. Continue on US-7 South. Take US-1 South/ Van Buren Ave to Maple Street. Take Left down Maple Street. Turn Left onto Berkeley Street. Parking available in Garage on Right.

On Foot, Head towards West Ave Lobby/ Norwalk Hospital Sleep Center. Walk down stairs, Continue through West Ave Lobby. Take Left down West Ave. Kingswood is located Second Door on the Left.